

## Hymnus

### Stabat Mater

*The Sequence Hymn known as the Stabat Mater may be sung between each station when praying the Way of the Cross (Via Crucis). The hymn consists of ten stanzas of two strophes each. In order not to break up the stanzas, it is best to sing (or recite) one entire stanza after every two stations (beginning after the First Station). When the Way of the Cross is prayed publicly, the seventh stanza is sung after the Thirteenth Station as the priest-celebrant returns to the foot of the altar, after which the remaining stanzas (or the last one) are sung.*

- 1. Stabat Mater dolorosa**  
Iuxta Crucem lacrimosa,  
Dum pendebat Filius.  
Cuius animam gementem,  
Contristatam et dolentem  
Pertransiuit gladius.
- 2. O quam tristis et afflicta**  
Fuit illa benedicta,  
Mater Unigeniti!  
Quæ mærebat et dolébat,  
Pia Mater, dum videbat  
Nati pœnas inclyti.
- 3. Quis est homo, qui non fletet**  
Matrem Christi si vidéret  
In tanto supplicio?  
Quis non posset contristári  
Christi Matrem contemplári  
Dolentem cum Fílio?
- 4. Pro peccatis suæ gentis**  
Vidit Iesum in torméntis,  
Et flagéllis subditum.  
Vidit suum dulcem Natum  
Moriéndo desolátum,  
Dum emísit spíritum.

## Hymn

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1. At the Cross her station keeping,  
Stood the mournful Mother weeping,  
Close to Jesus to the last.  
Through her heart, His sorrow sharing,  
All His bitter anguish bearing,  
Now at length the sword has passed.
2. Oh, how sad and sore distressed  
Was that Mother highly blessed  
Of the sole begotten One!  
Christ above in torment hangs,  
She beneath beholds the pangs  
Of her dying, glorious Son.
3. Is there one who would not weep,  
'Whelmed in miseries so deep,  
Christ's dear Mother to behold?  
Can the human heart refrain  
From partaking in her pain,  
in that Mother's pain untold?
4. Bruised, derided, cursed, defiled,  
She beheld her tender Child,  
All with scourges rent.  
For the sins of His own nation  
saw Him hang in desolation  
Till His spirit forth He sent.